

Mariner Cove Neighborhood News

President's Letter

I hope the new year is treating you well. I ask you to consider adding just one more (belated) resolution to your list for this year. Whether you're a newcomer to our neighborhood or a long-time Mariner Cove resident, please resolve to support the Mariner Cove Neighborhood Association this year through your paid membership and, perhaps, even consider taking on a leadership role in the MCNA in the coming year.

Unfortunately, paid membership in the MCNA declined in 2018 by roughly 11% from the prior year. Historically, fewer than half of the 450 households in Mariner Cove pay to join our neighborhood association. In the five-year period from 2013-2017, our membership averaged roughly 228 households. However, in 2018, only 185 Mariner Cove households signed up as paid members, dropping below 200 for the first time in recent years. This is not a trend that we hope to see continue in 2019.

Annual membership dues are \$40 per household or \$20 for senior households. Our budget for the 2018 fiscal year was \$8,220. Although we expect to carry a surplus into 2019, a continued decline in paid membership will of course require the MCNA Board to cut back on our expenditures at some point in the future.

Keep in mind that your membership dues directly support our highly regarded disaster response program for the benefit of all residents of Mariner Cove. Our next drill is set for Sunday, March 10. Your dues allow us to provide social events for all neighborhood residents, including our Summer BBQ, our fabulous Halloween Parade and Pizza Party, and our Egg Hunt. We also encourage Santa to ride through the neighborhood on a fire truck around the holidays.

Your dues help us welcome new residents to the neighborhood, allow us to promote beautification projects within the neighborhood (including our renowned Mariner Cove yard sale in May), and permit us to maintain liaison positions with both The Cove School and The Town of Corte Madera. These events and activities - all provided by the MCNA - help to foster the sense of community that makes Mariner Cove such a popular place to live.

Please send an email Jason Gullion, our Membership Chair, at mcna.membership@gmail.com for information on membership and payment. Our Facebook page also has information on how to join the MCNA. As a reminder, any Mariner Cove

resident is welcome to join our Facebook group, regardless of whether or not you are a dues-paying member of the MCNA. Just search for "Mariner Cove Neighborhood Association" in the "Groups" category, and an administrator will give you access. Remember that we are now using PayPal as a direct online payment method for MCNA memberships. You can use PayPal to send payments to mcna.membership@gmail.com or use the following shortcuts: paypal.me/MCNA/40 or paypal.me/MCNA/20.

Finally, Board of Directors positions for the MCNA will be opening up in only few months when our new Board is installed this summer. Please reach out to me or any Board member for information if you're interested in joining our Board. We'll also be posting information on Nextdoor and Facebook in the spring about the Board openings.

I hope you'll support the MCNA, as a member, and enjoy all your neighborhood association has to offer. We look forward to hearing from you soon.

Bill Kimball
mcna.president@gmail.com

NRG DRILL DAY

Sunday, March 10...starts at 10am



**Please Don't Forget to Put your Sign out
by 10:00am**

In the February 2019 Issue...

NRG
Committee Reports
Photos, Photos, Photos
NRG Block Captains

Page 2
Page 3-5
Page 6-10
Insert

Classifieds
Board of Directors
Annual Membership Drive

Page 5
Page 11
Page 12

Your NRG! (Neighborhood Response Group)

Mariner Cove Disaster Drill

Mark your calendar for:

SUNDAY MARCH 10 at 10-11am

Answer the knock at your door, as your Block Captains will be updating your emergency contacts.

FADR- First Aid for Disaster Response- Classes Offered

Sign up for Important Alerts:

NIXLE ALERTS: <https://local.nixle.com/register>

ALERT MARIN: www.alertMarin.org

FIRESAFE MARIN: <http://www.firesafemarin.org>

Download the ready for Wildfire App:

<http://www.readyforwildfire.org>

Learn More About Earthquake Prep:

www.readymarin.org/plan-prepare

Our NRG suggests that our Block Captains take this class, but it's for anyone in the community who want to improve their skills in basic First Aid. Many of us think this is the very best class you can take!

Please see the enclosed flier~ and besides the February Class, the following are available:

Sat, 20 Apr (Kreps Lounge, Redwood High School)

Sat, 15 June (Kreps Lounge, Redwood High School)

Sat, 10 August (Multi-purpose Room, The Cove School, East Corte Madera)

Sat, 12 October (Multi-purpose Room, The Cove School, East Corte Madera)

These are popular classes, so sign up early and make sure you can commit for the date you select. To register, please email your requested date and indicate your NRG name (MCNA). Email to: coordinator@nrgmarin.org.

Certified Comprehensive First Aid Training (CCFA)

The town of Corte Madera is sponsoring training classes for community members. This is one of the many ways they are building town-wide Community awareness, preparation and resilience.

This is a five hour class and is Certified by the American Safety and Health Institute.

Course covers child and adult CPR appropriate use of AED, how to manage blood borne pathogens, appropriate first aid training, and how to coordinate and interact with badged first responders.

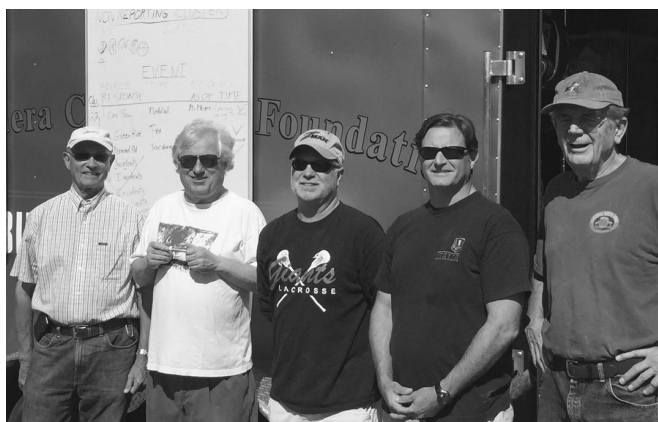
Contact Lorena Barrera at barrera@tcmmail.org

Charlie Lambert

Charlie is retiring from our NRG; he's going to just have fun in life and travel!

He's been an NRG Leader for several years and responsible for Mariner Cove's Incident Command growth. Charlie's knowledge of official disaster response methods has been valuable. He has kept this area of our NRG well organized and in good shape. We're thankful for his expertise!

Have fun in your travels Charlie and Thank you for your contributions to the neighborhood.



Charlie is second from the left.

WANT TO PARTICIPATE IN NRG?

Contact Lee or John Howard at leejohn7@gmail.com

Or Suzi Beatie at Suzbeatie@gmail.com

Mariner Cove Neighborhood Association Committee Reports

Town Liaison

A letter directed to Council from Dr. Matthew D. Willis, Public Health Officer for Marin County, discusses local cannabis ordinances and the use of cannabis. There is widely differing opinions among our residents, not all which are founded on scientific understanding. This is due to federal prohibitions on research. Existing evidence, both positive and negative, can be summarized as follows:

The National Academies of Sciences found evidence for benefit of cannabis in treating some medical conditions, including some forms of chronic pain. The researchers also found substantial evidence that cannabis can be harmful. There is an increased risk for motor vehicle accidents and dependence with regular use. In young people, impaired cognition, lower academic performance and an

Infrastructure

Trash/Recycling/Composting Update

We have completed the "Dual Stream Recycling Project" and I hope everyone filled out their Mill Valley Refuse survey. In my conversations with Jim Lavarone of Mill Valley Refuse it is my understanding that this pilot project was an attempt to determine if he could collect cleaner, less contaminated recyclable materials. Those materials could then be processed at Marin Sanitary's recycling facility at a much lower cost than single stream material.

Paper and cardboard that is contaminated with spilled liquids and broken glass in the single stream container or truck ends up in the landfill rather than being recycled. Prices for clean glass/plastic/aluminum recyclables is



A gaggle of Wild Turkey's spotted in December at the corner of Seawolf and Spindrift

increase in the early onset of schizophrenia with regular use. A report published by the Academies requests additional support and funding for cannabis research which could verify its safety and efficacy.

Town Council decided to defer opening cannabis dispensaries in Corte Madera until the effects are more understood. However, it can be purchased and delivered in neighboring towns in Marin. It is illegal to cultivate cannabis for personal use.

Carol Berg

reasonable but when we put plastic bags in the bins, they become entangled in conveyor belts causing all sorts of problems. This obviously takes the profit out of what is a very marginal return.

Paper and cardboard that is contaminated in your bin goes in the recycling truck and contaminates clean material from your neighbor's bin. The overall goal is to make recycling pay and reduce what goes in the landfill. If we fill the Redwood Landfill in Novato and have to shut it down, material will need to be transported to more distant landfills thus increasing the carbon footprint for hauling and increasing the cost to commercial and residential customers.

Mariner Cove Neighborhood Association Committee Reports

One of the questions on the survey was "are you willing to pay an additional five dollars for single stream recycling". My answer was no, I would prefer to save the five dollars and use the dual stream recycling system.

I am a diligent recycler and composter, and this has provided several direct benefits to my bottom line. By composting all food waste with green waste from my yard I did not replace my garbage disposal when it failed. This created much more space under the sink and I no longer waste water while using a garbage disposal. This has also allowed me to use a 20-gallon trash can which is the lowest tier and providing savings on my bill. Rates for 32 gallon and 40-gallon cans are the higher tiers. This information is not on the Mill Valley Refuse website but there are many details related to recycling and composting that are on the website.

Bob Bundy

Beautification (B.I.G.)

Because I am hoofing around the hood again, I notice two safety hazards that are ever-present. We need reminding every so often so here it goes:

We have residences whose sidewalks have lifted and created dangerous possibilities for tripping. I know of a family who was sued, and I do not want that happening to you.

Also, Mariner Cove has a predominance of young families who require large vehicles. If your car juts out into the sidewalk, that also is a danger for walkers and bikers. Most times I notice that here is a space of 2-3 feet between the front of the car and the garage door, so please - before someone gets hurt, pull your vehicles off the sidewalks and closer to your garage door.

The Safe Route To School program has succeeded so well, we now have many kids walking to Cove School and many moms with strollers. Let's be considerate to them and save ourselves from being sued.

Contributing Neighbor: Lee Howard

MCNA Garage Sale

In May.....Date TBD

Stay tuned for an announcement on Next Door

Mariner's Cove Social Committee— Upcoming Events

Please mark your calendars.....our next Social Committee Event will be the Spring Egg Hunt at Cove Park on Saturday, April 20, 2019 from 9:00-10:30 AM.

The egg hunt will begin at 9:00 sharp, so please be sure to bring your kids and their egg baskets to the park on time. Coffee, pastries, and fruit will be served. Rumor has it that the Easter Bunny may even make an appearance for photos with the kids! Please be sure to RSVP on Next Door under the Events tab for Mariner Cove. Hope to see you there!

If anyone is interested in joining the Social Committee, please email Karen Ruppner at kruppner@gmail.com. Or if you are interested in helping with the Spring Egg Hunt on April 20, please contact me.....any help would be greatly appreciated!

Karen Ruppner

MCNA Mothers' Group

On November 14, 2018, the Mothers' Group kicked off the holidays with a Moms' Night Out (MNO) at Flores, the newest restaurant at Town Center. It was great to catch up with some of the neighborhood mamas over traditional Mexican dishes and delicious margaritas.

Our next MNO will be on Thursday, February 28, 2019 at 7:30 at Perry's in Larkspur.

We encourage ladies who are new to Mariner Cove to join the festivities and meet a wonderful group of gals in the neighborhood! Please be sure to RSVP on Next Door by going to the Events tab for Mariner Cove.

On October 13, 2018, the Mothers' Group had a family playdate at Skunk Hollow park. Moms, Dads, and kids enjoyed a beautiful morning playing ball games, climbing on the structures, and building sand castles. Since this event was such a hit, we've decided to do it again!

Join us for another Mariner Cove Family Playdate on Saturday, March 9 from 9:30-11:00 at Skunk Hollow Park.

Committee Reports

Coffee and snacks will be provided. Please RSVP on Next Door under the Events tab for Mariner Cove. Hope to see you there! (*In case of rain, this event will need to be rescheduled. Please check Next Door on March 8 for updates about the playdate.)

The MCNA Mothers' Group is hoping to find more mamas of young children to help in organizing playdates for families in the neighborhood. My "babies" are growing up and are in school now, so I'm hoping to recruit some fabulous ladies with little ones to help plan more playdates during the week or weekends. Please email me at kruppanner@gmail.com if you are available to help plan upcoming playdates. I'd love to see the Mothers' Group welcome new members and leaders in 2019!

Karen Ruppanner,
Christina Uriarte, and
Bess Polce

(Co-Directors of the MCNA Mothers' Group)

Ladies Book Club

Our most recently read book was *The Art of Living Danishly* by Helen Russell. We gathered to review the book by practicing *hugge* which is the Danish way of saying "all over cozy". So we substituted our normal wine beverage for some hot chocolate, ate danishes and had a very lively and cozy time. Plus the book was good too.

Other previously read books are:
The Alice Network by Kate Quinn.
When Life gives you Lululemons by Lauren Weisberger. Both books got rave reviews.

Our next gathering will be on Wed, March 13 where we will review *All Over but the Shoutin'* by Rick Bragg. If you are interested in joining, please contact me at dawns@cablecarstore.com

Dawn Smith

Classified Ads

Daly & Lange, Realtors

The Only Names you Need to Know for Marin Real Estate:
Kathleen, 415.519.6074, kdaly@cbnorcal.com
Lisa, 415.847.7770, lisalange@coldwellbanker.com
Over 30 years selling Corte Madera's finest homes!
DalyandLange.com

Classified Ads

Rodan + Fields

Provides you with a unique opportunity to partner with the dermatologists who created Proactiv, and to work on your own schedule, from anywhere! To learn more about the fastest growing premium skincare company, contact Jamie Cunha at jamiemiles33@gmail.com.

In Need of Physical Therapy?

California Orthopedics & Spine Physical Therapy has an incredible staff and provides amazing quality of care! Come check us out if you are in need of PT - you won't be disappointed! 5 Bon Air Road, Suite 129, 415-924-8900.

Kim Piro-Guerrero, Realtor

At Coldwell Banker Castle. Buying, selling, or just curious about the values of the local real estate market, please contact me kimpiero@hotmail.com or 415-699-3866 I would be happy to help with the purchase or sale of your home.

Greg Corvi

MCNA Past President. Realtor for 18 years and ready to help with all your real estate needs. 415-548-3245 greg.corvi@cbnorcal.com. Visit gregcorvi.com.

Everyday Nutrition Company,

Melissa Scheeline, CNC

Nutrition consulting company working to help individuals find the tools to stay healthy, every day. We do individualized nutrition assessments dietary analysis and more. 415-794-5225 or melissa@everydaynutritionco.com

Nazy Farhang Realtor at Vanguard Property

Hello Neighbor! Are you interested in knowing what is happening in the Real Estate market? If you are looking for an honest and experienced Realtor (22 years living in Marin, 17 as a realtor), please call. 415-717-1977 or Nazy@vanguardmarin.com

Nancy Ahern

Custom personalized jewelry projects? I am available to help you create just what you want. Nashern@gmail.com or 415-350-6365.

Upcoming MCNA Board Meeting

Wednesday, March 20 at 7:30pm

Location TBA

Social Committee Report: Annual BBQ

On August 11, 2018, Mariner Cove Neighborhood Association hosted its annual Summer BBQ and potluck at Cove Park. The weather cooperated, and many families enjoyed a fun-filled day at the park. The children were able to participate in parachute activities, face painting, relay games, and our beloved tradition of kids vs. adult's tug-of-war. It was nice to meet many new families, as well as reconnect with neighbors we hadn't seen all summer! Big thanks to our amazing grill team and volunteers who helped with the set up and clean up.....and everyone who helped bring a dish for our delicious potluck.



Annual BBQ Continued.....

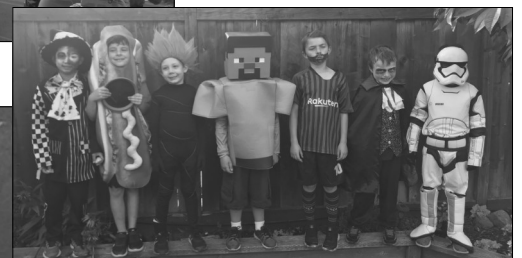




Halloween 2018

This Halloween may have been the biggest turnout yet for the Mariner Cove Neighborhood Association's Halloween Parade and Pizza Party. Approximately 250 people met at the corner of Spindrift and Seawolf and marched to the Cove Park for the pizza party. It is always such a delight to see everyone in costume, both children and adults! Thanks to all the volunteers who helped with the pizza distribution, set up, and clean up of the park....I couldn't have done it without you!

Karen



Halloween 2018



Santa Visits Mariners Cove

Santa made an appearance on his fire truck in Mariner Cove this year on December 2, 2018. While waiting for Santa to arrive, neighbors were able to enjoy catching up over hot cocoa and cookies while the kids created holiday crafts. A huge thank you to Kelly Lawson for graciously hosting this event at her house.....and also to everyone who donated toys and food for the fundraiser.
Karen



Sing A-Long

Mariners Cove Mothers' Group joined the Corte Madera-Larkspur Mothers' Club at Aegis Living of Corte Madera for a holiday sing along for the seniors. Thank you to all the families who helped sing with me. It was a lovely event enjoyed by all.
Karen



Mariner Cove Board of Directors 2018-2019

Office	Board Member	Email	Phone
President	Bill Kimball	whkimball@gmail.com	415-945-9037
Past President	Ana Drucker	ana@burgert.com	415-927-2847
	Wendy Robinow	wendy.robinow@gmail.com	415-924-6352
Vice President	OPEN		
Secretary	Sarah Connolly	sarah.connolly@yahoo.com	415-924-8194
Treasurer	Kate Castonguay	ccastonguay@nmgovlaw.com	415-891-8304
Neighborhood Response Group	Suzi Beatie	suzbeatie@gmail.com	415-924-1699
	Lee and John Howard	leejohn7@gmail.com	415-891-8407
Infrastructure	Bob Bundy	bundyworld@comcast.net	415-924-7063
Membership	Jason Gullion	jason.gullion@gmail.com	415-269-8131
Welcome	Susie Corvi	susiecorvi@yahoo.com	415-891-8825
	Bess Polce	besspolce@gmail.com	415-990-9001
Social	Karen Ruppaner	kruppaner@gmail.com	
Newsletter	Dawn Smith	dawns@cablecarstore.com	415-286-6955
School Liaison	Greg Ulin	gregulin621@gmail.com	415-342-4734
Beautification (B.I.G.)	OPEN		
Mothers' Group	Karen Ruppaner	kruppaner@gmail.com	415-730-1142
	Christina Uriarte	cvorries@yahoo.com	415-302-3580
Town Liaison	Carol Berg	carolberg@gmail.com	415-794-0193
Men's Group	OPEN		
Adjunct Board Member – Ladies' Book Club	Dawn Smith	dawns@cablecarstore.com	415-286-6955
Adjunct Board Member – Animal Care	OPEN		

The Mariner Cove Neighborhood Association is a voluntary association available to 450 homes.

Our mission statement is:

- 1. To build collective strength so that Mariner Cove's interests will be represented to the Town of Corte Madera and its governing bodies.*
- 2. To promote organized social activities and recreational programs for its members and their families.*
- 3. To communicate to residents of Mariner Cove the issues which may affect their quality of life.*
- 4. To ensure the overall maintenance and appearance of our shared areas.*
- 5. To assist residents of Mariner Cove in disaster preparedness.*

We would cease to exist without VOLUNTEERS and MEMBERS.

Please contact Jason Gullion at mcna.membership@gmail.com to learn more about MCNA.

MCNA 2019 ANNUAL MEMBERSHIP DRIVE

As 2019 gets underway, please join your neighbors in supporting the MCNA community. We live in an amazing place and we all make a difference in the quality of life in Mariner Cove. The MCNA Board invites you to join the Mariner Cove Neighborhood Association and help support the all the volunteers and programs that add so much to the community.

Your contribution helps fund the events and activities:

- A dedicated disaster-preparedness team that is the standard for other neighborhood in the area, your Neighborhood Response Group (NRG) of volunteers train regularly to be ready to lend assistance within the community in the event of a disaster
- Popular social events such as the Halloween Parade & Pizza Party, Easter Egg Hunt, Summer BBQ, Ladies Book Club, Warm Coat Drive, and more...
- Representation at Corte Madera Town Council to advocate for our community and ensure our voice is heard in Town decisions in allocating resources
- Representation at School District Meetings
- Community Yard Sale Event
- A Welcoming Team to help new neighbors - both owners and renters - feel welcome
- Beautification (BIG) projects such as upkeep of street signs and maintenance of shared areas
- Online presence on Nextdoor and the new MCNA Facebook group

2019 MCNA Dues are:

Household Membership: \$40
Senior (62+) Membership: \$20

Membership dues run from January 1st through December 31st and are due March 31st.
Dues can be paid by PayPal or by check.

PayPal:

Send payment to mcna.membership@gmail.com or use these shortcuts:

Household: [paypal.me/MCNA/40](https://www.paypal.me/MCNA/40)

Senior Household: [paypal.me/MCNA/20](https://www.paypal.me/MCNA/20)

Mail your check to:

Mariner Cove Neighborhood Association
PO Box 496
Corte Madera, CA 94976

We thank you for joining us. We are grateful for your ongoing support, so that we can continue the great work of enhancing our community. Please email me if you have any questions at mcna.membership@gmail.com.

Jason Gullion

